



From May 12th through May 16th, your House Congressional members will be next door to you! During what is referred to as Constituent Work Week, your representative will be working from their local district office. It will be the ideal time to invite them to your school or to pay them a visit in order to share your school nutrition concerns.

For some tips on planning your cafeteria site visit: [click here](#)

To help with your message, print and take these [Meal Pattern](#) and [Competitive Foods](#) facts.

To find your House Representative and their district office contact information: [click here](#)

If you have any questions please feel free to email SNA's Child Nutrition and Policy Coordinator, Nadia Egziabher, at negziabher@schoolnutrition.org.

Have you taken action yet? Take a few moments to enter your information and [write to your Congressman!](#)